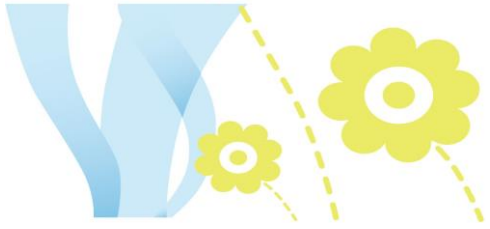


Your Organized Life



South Shore Conference for Women

Thursday, October 22, 2020

Helping your family thrive, now and in the future

1. Be kind to yourself and others. Don't beat yourself up about not having a perfectly organized home.
2. Designate learning/working space as well as eating and play/relaxing space.
3. Set a schedule and a routine. Schedules work for a reason. They put parameters around our time and keep everyone on the same page.
4. Plan meals and snacks. Healthy eating doesn't just happen.
5. Create quiet, peaceful space. Eliminate audio, physical and emotional clutter.

Your Organized Life – Finding More Space. More Time. *More Joy!*

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Check out our Top 10 Organizing Tips at www.yourorganizedlife.biz

Speaker on Organizing Strategies and Project Management

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